

Sunday Gospel Reflection

Third Sunday of Easter

1. Sign of the Cross

2. Gospel: Luke 24:35-48

“... Jesus himself stood among them and said to them, ‘Peace be with you!’



³⁵ Then they told what had happened on the road, and how he had been made known to them in the breaking of the bread.

Jesus Appears to His Disciples

³⁶ While they were talking about this, Jesus himself stood among them and said to them, “Peace be with you.” ³⁷ They were startled and terrified, and thought that they were seeing a ghost. ³⁸ He said to them, “Why are you frightened, and why do doubts arise in your hearts? ³⁹ Look at my hands and my feet; see that it is I myself. Touch me and see; for a ghost does not have flesh and bones as you see that I have.” ⁴⁰ And when he had said this, he showed them his hands and his feet. ⁴¹ While in their joy they were disbelieving and still wondering, he said to them, “Have you anything here to eat?” ⁴² They gave him a piece of broiled fish, ⁴³ and he took it and ate in their presence.

⁴⁴ Then he said to them, “These are my words that I spoke to you while I was still with you—that everything written about me in the law of Moses, the prophets, and the psalms must be fulfilled.” ⁴⁵ Then he opened their minds to understand the scriptures, ⁴⁶ and he said to them, “Thus it is written, that the Messiah is to suffer and to rise from the dead on the third day, ⁴⁷ and that repentance and forgiveness of sins is to be proclaimed in his name to all nations, beginning from Jerusalem. ⁴⁸ You are witnesses of these things.

3. Reflection: (reflect on your own or share together if with others)

1. In the Gospel reading for today we hear Jesus tell his disciples “Peace be with you”.

This is the statement He says most often when He appears to others after the Resurrection. Why do you feel Jesus repeats this so many times?

2. As we journey throughout this Easter season, what concrete steps can you take to invite peace into your heart and into the lives of those around you?
3. Have you ever had an experience where you experienced a deep sense of peace in your life?

4. Share petitions that you would like to pray for: Finish with the Special Petition.

Special Petition: For the grace of inviting peace into my heart : We pray to the Lord

5. Lord's Prayer

6. Sign of the Cross.