

wine tasting. The Casale Marchese Estate Winery, enjoy wine tasting paired with artichokes prepared with mint and parsley Bucatini all'Amatriciana. Enjoy dinner and overnight at the NH Collection Roma Centro.

Day 10: Tuesday. Following breakfast enjoy St. Catherine of Siena walk beginning with the famous Piazza Navona. We will continue to the nearby Pantheon, a marvel of Roman engineering. Next door is the Church of Santa Maria Sopra Minerva. Under the main altar is the body of St. Catherine of Siena. We will celebrate our final Mass in this church. We will conclude with a walk to the Trevi Fountain to throw a coin in the fountain and then to the Spanish Steps. The afternoon will be free time to do final shopping or just final walking through the Roman streets. Enjoy "Farewell Dinner" and overnight at the NH Collection Roma Centro.

Day 11: Wednesday. Following breakfast, we will drive to Leonardo da Vinci-Fiumicino Airport and board our flight to Toronto. "Arrivederci Roma."

SIGN UP!

Please Sign Up To Receive Information and Updates About The Trip. This will include Information Evenings when they take place and to be on the list to receive Registration Forms when the fully priced trip is available for Registration.

Name:

Phone:

Email:

You can email this to:

- Fr. Mark
mgatto@hamiltondiocese.com or
- Deacon Tom
<mailto:tvert@hamiltondiocese.com>



TRIP TO UMBRIA AND ROME

*Savour The Food, Wine
And Flavours While
Travelling Through
The Land of Saints*

September 11-21, 2022

Led by Fr. Mark Gatto & Deacon Tom Vert

Day 1: Sunday. Depart Toronto International Airport to Rome with complimentary meals served on board.

Day 2: Monday. Benvenuto in Italia! Arrive at Fiumicino Airport in Italy near Rome. Disembark, pass through customs and immigration, collect your luggage in the baggage claim area and continue to the Arrival's Hall where you will be greeted by our Tour Manager. Board our deluxe motor coach and travel north through the Umbrian Valley known as the land of the saints. Enjoy our Welcome Dinner and overnight at the Sina Brufani Hotel, located in the Piazza Italiana, a panoramic position in the heart of Perugia.

Day 3: Tuesday. Following breakfast celebrate Mass at Chiesa di San Michele Arcangelo. It was the first religious building to be constructed in Perugia as well as being one of the first Paleo-Christian churches in Italy. Enjoy a morning walking tour for about two hours starting at the Etruscan Gate, the underground city, with its endless views, gorgeous main building, which has hosted the main authorities of this wonderful city and the most beautiful Medieval fountain of Italy as well as little and great shops of artisans. Stop in one of the cafes, the sweet part of our itinerary where each cake is a great work of art. Visit Casa del Cioccolato Perugia the Baci Chocolate factory. Enjoy dinner on your own and overnight at Sina Brufani Hotel in Perugia.

Day 4: Wednesday. Following breakfast, we will check out of our hotel. Celebrate Mass in the Basilica of Sant'Ubaldo atop Mount Ingino, outside central Gubbio. Guided visit in the medieval town of Gubbio. An antique gem hidden in Umbria's lush green hills and often called the "City of Silence". Here we will drink in the serenity that radiates everywhere as the story of St. Francis and Brother Wolf unfolds. We then travel to the iconic medieval town of Assisi in Umbria. Assisi is one of the most beautiful mystical towns. The superbly maintained medieval city is the home of St. Francis and is known as "The City of Peace". The Basilicas of St. Francis and St. Clare grace the city with their architecture, art and relics. Check into your hotel with time to refresh and rest. There will be a welcoming introduction to Assisi by Fr. Mark and we will walk on our own in this ancient and beautiful medieval town, including visit at the Basilica of Santa Chiara (St. Clare). We will visit the tomb of St. Clare and see the San Damiano Crucifix that spoke to St. Francis and led him to a life of piety. Enjoy dinner and overnight in our Hotel Giotto in Assisi.

Day 5: Thursday. Following breakfast celebrate Mass at the Basilica of San Francesco. We will have a guided morning tour, visit the Basilica, the tomb of St. Francis and see the early Renaissance masterpieces of Giotto and Cimabue. Walk through the heart of medieval Assisi to piazza San Rufino and see the Duomo where St. Francis and St. Clare were baptized. Continue to Piazza del Comune and the Church of St. Maria Sopra Minerva that incorporates the remains of the Temple of Minerva. Enjoy lunch on your own then a free afternoon to explore Assisi. A list of possible sites and pilgrimage locations in Assisi will be provided for your selection. Enjoy a leisurely afternoon on your own,

relaxation at one of the local cafes, taste their delicious pastries with an espresso or cappuccino. Enjoy Dinner and overnight at our Hotel Giotto in Assisi.

Day 6: Friday. Following breakfast, celebrate Mass in the medieval Church of San Pietro, on the outskirts of Spoleto, one of the loveliest of the Umbrian hill-towns. Will visit the Cathedral, and Basilica of San Salvatore. View the ancient Arch of Druso and Ponte delle Torri (bridge of towers). Afternoon visit to Arnaldo Caprai Winery in Montefalco, which has been a leader in the production and recovery of the Sagrantino de Montefalco grape. Sagrantino is Umbria's "blue chip" wine and one of Italy's most unique indigenous red grape varieties recently re-discovered. Will walk along the vineyard and continue inside the cellar to discover the winemaking process. After our tour, we'll go back to the Enoteca to taste the most representative labels of the winery paired with bruschetta with Arnaldo Caprai DOP olive oil and local products (cured meats and cheese.) Visit Tenuta Castelbuono estate for an amazing Carapace experience that includes a guided winery tour and three wine tastings. We will visit Montefalco on our own. It has a lofty position and sweeping views. In the main square you will find local wines on sale. Our day ends with a leisurely drive down the Sagrantino Wine Road. Enjoy dinner and overnight at our Hotel Giotto.

Day 7: Saturday. Following breakfast, check out of our hotel. Drive to hilltop town of Todi perched on a tall two-crested hill overlooking the east bank of the river Tiber, commanding distant views in every direction. Todi is one of the most strikingly situated of Umbria's famous hill-towns. It was an ancient Etruscan, and then Roman settlement. Celebrate Mass at the Church of Santa Maria della Consolazione located in Piazza Del Popolo. Journey to the "Eternal City of Rome". Enjoy dinner and overnight at the NH Collection Roma Centro.

Day 8: Sunday. Following breakfast, we will celebrate Mass at a local church near St. Peters. After Mass we will attend Papal Angelus in St. Peter's Square (Piazza di San Pietro). Afternoon and dinner on own. Experience the Italian tradition of Passeggiata (a gentle and slow stroll through the main streets) in the centro storico (the historic centre) and enjoy "La Dolce Vita", the beautiful life in Rome.

Day 9: Monday. Following breakfast, celebrate Mass at San Lorenzo Fuori delle Mura (St. Lawrence Outside the Walls). This is one of the 7 pilgrim churches of Rome and the shrine and tomb of St. Lawrence, a deacon of Rome who was martyred in 258. Visit the Verano Monumental Cemetery which has been a burial site for twenty centuries, as demonstrated by the remains of a Roman necropolis known as the Catacombs of Santa Ciriaca. Visit San Agnese fuori le Mura. (St. Agnes Outside the Walls). It was built in the 4th Century over the crypt of the 13 year old martyr, St. Agnes. Margaret Visser wrote a famous book about this church called, "The Geometry of Love." Journey to Frascati Principe Pallavicini Estate Winery and enjoy a light lunch and